Lions Pride Running Club

Code of Conduct

Code of Conduct - Athletes

* Arrive on time to practice and competitions
* Come prepared to practice by wearing proper shoes and attire; bring sweats for cooler weather
* Hydrate, eat nutritionally and get plenty of sleep prior to practices and competitions
* Follow all team rules
* No gossiping or slandering others on the team
* Show support to your team members
* Respect the Lions Pride Running Club coaches, team members, officials, others coaches and opponents
* Foul language is not tolerated

I agree to follow the Code of Conduct:

Signature of team member